

The Fly Shop®



**Oblukavina • Saichik • Utkholok, Kvachina & Snatolvayam
Steelhead Rivers - Kamchatka Peninsula, Russia**



2003 Travel & Outfitting Guide

Table of Contents

Anchorage Hotels	page 1
Anchorage Restaurants and Airlines	page 2
Communications	page 3
Travel Considerations	page 4 - 5
Clothing and Equipment	pages 6 - 10
Kamchatka Checklist	page 11
Kamchatka Steelhead Project Tax Exempt Status	page 12
Common Russian Phrases	page 13
Catch & Release Instructions	page 14
TMI Travel Packet	pages 15 - 21
Kamchatka Map	page 22

Important Contact Numbers:

The Fly Shop® Toll-free: 800-669-3474 • BUS. 530-222-3555 • FAX: 530-222-3572

Wild Salmon Center Toll-free: 800-687-0411 / 503-222-1804 / FAX 503-222-1805

Travel Meetings & Incentives, Inc.

Sabrina Ford - President 425-787-6388 / 800-596-2297/ FAX 425-742-2638

Alaska/Horizon Airlines 800-426-0333

Millennium Alaskan Hotel 800-544-0553

Best Western Barratt Inn 800-528-1234 • 907-243-3131

Captain Cook Hotel 800-843-1950

ANCHORAGE HOTELS:

Millennium Hotel Anchorage

4800 Spenard Road | Anchorage, AK 99517
Phone: (800)544-0553 or (907)243-2300 | Fax: (907)243-8815 | anchorage@mhrmail.com

The Millennium Alaskan Hotel is the most popular choice among many of our anglers. It's Alaskan flare and convenient location, close to both the Anchorage International Airport and the departure point for many flights to our lodges, makes it very attractive. Also of interest is its setting on the world's largest and busiest float plane base, Lake Hood.

Hotel Captain Cook (\$250 - \$1,500 per night)

5th Avenue & K Street
Anchorage, AK 99501
800-843-1950 res. only

The Hotel Captain Cook is located in downtown Anchorage and within walking distance of several restaurants. It is decorated with an Alaskan flare and allows visitors a spectacular view of the inlet and Mt. Susitna, also known as the Sleeping Lady

The Anchorage Hotel (\$189 - \$229 per night)

330 E Street
Anchorage, AK 99501
800-544-0988

The Anchorage Hotel is one of Alaska's oldest historical properties established in 1916. The property has 26 rooms, all the amenities of larger properties and loads of personalized Alaskan service. It is also conveniently located in the heart of downtown Anchorage and within walking distance of the downtown restaurants.

Sheraton Anchorage Hotel (\$220 - \$240 per night)

401 East 6th Avenue
Anchorage, AK 99501
907-276-8700

The Sheraton contains all the necessities one might need; comfortable rooms, a health club, various business services, and restaurants. It is on the outskirts of Anchorage and not within walking distance of the downtown restaurants.

Alyeska Prince Hotel (\$255 - \$1,600 per night)

P.O. Box 249
Girdwood, AK 99587
800-880-3880

The Alyeska Prince Hotel is one of the newest properties in Alaska. It is approximately 43 miles south of Anchorage in the resort town of Girdwood. We suggest that consideration be made with respect to the travel time required between Girdwood and Anchorage when making flight arrangements and meeting charters. Although, the extra effort may well be worth the effort.

Best Western Barratt Inn (\$159 - 215 per night)

4616 Spenard Road
Anchorage, AK 99517
(907) 243-3131 Res: (800) 528-1234

The Barratt is one of the most popular enroute hotels for traveling anglers in Anchorage. It is conveniently located close to the airport, offers 24 hour shuttle service and is a good value for traveling fly fishers looking for a quiet place to catch some zzz's.

Executive Suite Hotel (\$135 - \$236 per night)

4360 Spenard Road
Anchorage, AK 99517
(907) 243-6366 Res: (800) 770-6366

The Executive Suite Hotel is another fine choice for traveling fly fishers looking for a good night's rest. They have all the amenities you expect in a quality hotel and are conveniently located close to Lake Hood and the International Airport with 24 hour shuttle service.

The Puffin Inn (\$119 - \$139 per night)

4400 Spenard Road
Anchorage, AK 99503
(907) 243-4044 Res: (800) 478-3346

The Puffin Inn, although not fancy, is certainly adequate for anglers looking for a comfortable place to rest before heading into the Alaska Bush. They feature 24 hour shuttle service, offer fresh coffee and muffins, and are conveniently located close to the International Airport and Lake Hood.

ANCHORAGE RESTAURANTS:

Sea Galley Restaurant

4101 Credit Union Drive
Anchorage, AK
(907) 563-3520

Comments: Good seafood and steaks at a more moderate price than many Anchorage restaurants.

Cattle Company

300 West Tudor
Anchorage, AK
(907) 562-2844

Comments: A well-run chain specializing in steaks and seafood, with a varied menu and moderate prices.

Club Paris

417 West 5th Avenue
Anchorage, AK
(907) 277-6332

Comments: One of the best steak houses in Alaska. It is small and reservations are suggested.

Simon & Seafort

420 L Street
Anchorage, AK
(907) 274-3502

Comments: Excellent seafood and prime rib. Great for groups, above the waterfront. Reservations are suggested.

Gesine's Restaurant at Four Corners

6700 Jewel Lake Road at Raspberry
Anchorage, AK
(907) 243-0507

Comments: This is one of the best restaurants in Alaska and features one of the most imaginative menus we have ever encountered and the chef, John Franchetti, is an avid fly fisher. Reservations are suggested.

AIRLINES THAT SERVICE ANCHORAGE

- Alaska/Horizon Airlines 800-426-0333
- United Airlines 800-241-6522
- Delta Airlines 800-221-1212
- Northwest Airlines 800-225-2525
- Continental 800-525-0280
- America West 800-235-9292
- T.W.A. 800-221-2000
- Reno Air/American Airlines 800-433-7300

DOMESTIC AIRLINES

- Era Aviation 907-243-6633
- Peninsula Air 907-243-2323
- Alaska/Horizon Airlines 800-426-0333

RUSSIAN TRAVEL SERVICES

Please contact Sabrina Ford for Airline Reservations on Magadan Air, Russian Visas and Mandatory Trip Evacuation Insurance. Sabrina has been coordinating travel arrangements for the Wild Salmon Centers programs in Russia for three years and thoroughly understands all the ins and outs of Russian Travel. She can be contacted at:

Sabrina Ford - President
Travel Meetings & Incentives, Inc.
16300 Mill Creek Boulevard Suite 117
Mill Creek, WA 98012
(425) 787-6388
(800) 596-2297
(425) 742-2638 FAX

QUESTIONS:

If you have any questions concerning your trip to Kamchatka, Russia, please feel free to call us **toll-free 800-669-3474**. We are here to make your fishing holiday the best ever!

HAVE A GREAT TRIP!

COMMUNICATIONS:

Communications are twice daily by high frequency radio to the Wild Salmon Center's base in Petropavlovsk. There is no way to communicate directly from camp to your home or visa versa. If loved ones need to contact you in case of emergency, they should contact either the Portland (503) 222-1804, email info@wildsalmoncenter.org) or Moscow office (011-7-501-923-3926; email Gennady Inozemtsev 7330.g23@g23.relcom.ru). They will then get the message to camp.

EMERGENCY CONTACT NUMBERS:

Main Office:

Wild Salmon Center
Guido R. Rahr, III
The Wild Salmon Center
The Natural Capital Center
721 NW Ninth Avenue, Suite 290
Portland, Oregon 97209
(503) 222-1804 Fax (503) 222-1805
E-mail: grahr@wildsalmoncenter.org
www.wildsalmoncenter.org

Moscow Office:

Wild Salmon Center
Gennady Inozemtsev
The Wild Salmon Center
Moscow, Russia
Tel./fax: 7 (095) 923 3926
7 (501) 923 3926
E-mail: ginozemtsev@mtu-net.ru

Kamchatka Office:

Wild Salmon Center
Sergey Maximov
The Wild Salmon Center
Ul. Ryabikova, dom 51A
Petropavlovsk-Kamchatskiy, Yelizovo, Russia
Tel./fax: 7 (415) 316 9714
Cell: 7 (415) 211 6326
E-mail: wsc@elrus.kamchatka.su

The Fly Shop®
4140 Churn Creek Road
Redding, CA 96002
Tel. (530) 222-3555 / (800) 669-3474
fax: (530) 222-3572 /
E-mail: travel@theflyshop.com

CASH:

You do not need cash for the basic expedition or the local accommodations - you will have made all the necessary payments before departure. Most sponsors spend varying amounts, but on average, sponsors spend something like \$200-\$300 on souvenirs. We suggest you figure what you might spend on souvenirs & then add \$500.00-\$1,000 to calculate your cash requirements. It is important you bring new, clean, fresh bills. Dirty, wrinkled bills are worth less in Russia.

GRATUITIES:

Normal gratuities for a trip of this nature should range between 7-10% of the package price.

TRAVEL CONSIDERATIONS & INFORMATION:

ARRIVAL INTO RUSSIA:

A Wild Salmon Center representative will meet you in Petropavlovsk. Weather permitting, you will be taken immediately by helicopter to the river. If overnight accommodations are required, you will be taken to our local hotel for overnight accommodations, departing the next morning for the expeditions. These hotels are clean, but spartan. We provide meals and recommend you drink bottled water. Secure storage for your luggage is provided in our Petro office. You should keep a small overnight kit with you (toothbrush, razor, perhaps a fresh shirt, etc.). This alleviates the necessity of bringing all your baggage to the hotel.

TRAVEL LOGISTICS:

These steelhead rivers, are located in a very remote wilderness. After arrival in Petropavlovsk, we take you directly by helicopter to the river or Lodge. To prevent overloading on the helicopter, we suggest a total of 99 lbs. for your entire luggage including handbags, carry-on & rod tubes. PLEASE don't be over the weight limit.

Contact Sabrina Ford, Travel, Meetings & Incentives (425) 787-6388/787-9070 directly for travel arrangements (we all go on the same flight from Anchorage to Petropavlovsk), visa, mandatory evacuation/trip cancellation insurance and what not. Please do not put off completing these arrangements too long. The visa process takes some time and the Magadan Air flights tend to fill up surprisingly early.

BAGGAGE:

Free Baggage: 2-piece total 32KG (70 pounds)
1 Carry-on 115CM (45 inches) total all dimensions

Extra Baggage: 1-piece 32 KG (70 pounds) \$134.00
1-piece 32 - 45 KG (70 - 99 pounds) \$163.00
1-piece 115 - 292 CM (115 inches) totals all dimensions \$163.00

Baggage exceeding 45 KG (99 pounds) or dimensions of 242-CM (95 inches) total all dimensions will not be accepted. More than three pieces of luggage per person are accepted for carriage on space available only.

Dry Bags: For the float trips to Kamchatka and anywhere we strongly suggest using a large dry-bag as your luggage. We recommend the Seal line Pro Pack.

DOCUMENTS:

You must arrive at the airport with your airline tickets, passport, visa & proof of medical/evacuation insurance. We highly recommend you make copies of these documents and keep the copies separate from the originals. The copies will come in handy if you lose the originals. On arrival in Russia, you will fill out a customs document that will be stamped. **You must retain this stamped document for presentation on departure.** Internal security will retain your passport while in Russia. Don't be alarmed surrendering your passport-this is normal procedure and you will get it back prior to departure.

HEALTH PRECAUTIONS:

You should contact your local health department concerning inoculations for overseas travel. There are no mandatory inoculations. Make sure your current on everything-tetanus, polio, cholera, hepatitis A and B, etc. **IF YOU HAVE ANY SERIOUS MEDICAL CONDITION OR DIETARY CONSIDERATIONS, CONSULT WITH YOUR PHYSICIAN.** Also, if you have special health/diet requirements, contact The Fly Shop and/or Wild Salmon Center immediately.

SAFETY:

Safety in camp is paramount. This is real wilderness. Injuring yourself takes on a new meaning under these circumstances. Breaking a leg or arm stepping carelessly out of a jet boat is a serious annoyance in the United States. In the wilderness, it could be life threatening. BE CAREFUL. Each camp is equipped with a professionally stocked medical kit and has radio equipment through which medical evacuation can be arranged. The reality is that evacuation will probably take at least 24 hours to affect. All our expeditions are water-based -- you ride in either jet boats or rafts and wading the rivers on foot. We REQUIRE you wear a personal floatation device at all times while in boats. If you refuse to wear that device, you are on you own. We recommend strongly you wear an inflatable floatation device like the (CO2 activated) SOSupenders while wading, for use in case of emergency.

BEARS:

Kamchatka has the highest concentration of grizzly bears in the world and the expeditions are in the heart of grizzly bear country. We have never had an incident or even a serious bear encounter. The bears are heavily hunted and are wary of people. However, you should be prepared: bring a whistle and small bell with alligator clip, to attach to you outer clothing. While in the field, common sense is the best precaution--stay out of high grass, do not take short cuts through willow groves and stay in-groups of two or more.

You are going to love Kamchatka! It is the most stunningly beautiful & wild place left on the planet.

DAILY CAMP ROUTINE:

7:00 a.m.	Coffee
8:00 a.m.	Breakfast
9:00 a. m. - 6:00 p.m.	Fishing, and lunch
6:00 p.m. - 8:00 a.m.	Bonya, cocktails, R/R.
8:00 p.m.	Dinner
11:00p.m.	Lights out

PREPARATIONS:

Based upon 7 years of field experience, the steelhead runs and trout populations in the rivers we fish are among the most robust in the world. Your success and enjoyment depend upon your level of preparations, equipment and attitude. Competent angling skills--casting, wading and fly presentation will directly influence your success rate. Please come prepared with the right equipment and skills. We suggest you evaluate your skill/experience level honestly: You should be able to cast at least 50 feet while wading waist deep.

IN-CAMP MEDICAL SUPPLIES:

Each camp has a fully stocked medical kit. Nevertheless, we recommend that you obtain Imodium, aspirin, and cold medicine and please don't forget your prescription medications.

About Our Tackle and Equipment Recommendations:

This travel and outfitting guide is a guideline to help anglers assemble a reasonable collection of flies and the necessary equipment. It's not necessary you have all of these flies and assorted equipment, just a good cross section. You are by no means required to purchase all of this equipment. The suggested tackle and clothing is what we have found to work best for most fishing conditions.

Some of the flies and tackle selections we recommend are items The Fly Shop® does not stock or sell. In this case, it may be necessary to tie your own flies, or purchase from another retailer.

Although selling fly fishing tackle and flies is part of what The Fly Shop® does, it is not our main concern. Our main concern is that people have a great trip. Period. We feel that properly outfitted and prepared anglers have the best chance of having a trip of a lifetime. If you have any questions concerning tackle and equipment recommendations, please feel free to call us toll-free at 800-669-3474. - Thank you.

CLOTHING & EQUIPMENT

Clothing: The weather in Kamchatka is constantly changing. One afternoon it may be 70° and sunny, down right hot; then only a few hours later it may be rainy, damp, windy and in the low 50°s or cooler. It is not uncommon to have morning temperatures in the mid to low thirties, especially when clear weather prevails, warming to a balmy 50° or 60° degrees by the end of the day. Clothing strategies should be based on the “*layering system*.” By using the “*layering system*,” anglers can adapt to whatever Mother Nature dishes out. The whole idea behind layering is to trap heated air (generated by your body and stored between the different layers of insulation), thus keeping you warm.

Here is the formula preferred by the staff at The Fly Shop®:

1... Base Layer: Start off with a (synthetic) type fabric next to your skin. This often is a pair of thermal underwear (tops and bottoms) and they usually come in three weights: light, mid and expedition. According to your individual metabolism, pick what is best for you. Synthetic (non-cotton) materials retain little moisture and “wick” moisture away from your skin. This is very important when you are walking in waders or when outside temperatures heat up.

2... Thermal Layer: Your second layer of insulation should match the weather and conditions you are going to be fishing in. Lightweight insulation for cool weather, mid-weight for colder conditions and heavy weight for really frigid conditions. Fleece is an outstanding choice here in either tops and bottoms or overalls. Wool is also a good choice as it stays warm when damp, but dries very slowly.

3... Outer Shell (Rainjacket & Waders): Your final layer should be a rain jacket and waders.

Rain Jacket: High quality Gore-Tex® type products are the best. Your rain jacket should be 100% waterproof and breathable. Rain jackets must be seam sealed, multi layered, of QUALITY construction and from a recognized outdoor clothing company. Simms, North Face, Sequel, Patagonia, Columbia, and REI all make some fine breathable raingear. Jackets specifically designed for flyrodders are the best. Oiled cotton jackets are another alternative and are comfortable to fish in. Barbour, Hardy, Orvis and Filson are the manufacturers to look into.

Note: Always chose your rain jacket for its ability to ward off rain. Breathability is very important, but is secondary to being 100% waterproof. Buy the best rain jacket you can afford, as it is one of the most important pieces of equipment you can own. Being wet is no fun. NEVER leave camp without your rain jacket.

Wading Equipment: Stocking foot, breathable waders are the only way to go. Neoprene waders are antiquated, do not permit moisture to escape, are heavy and cumbersome and appropriate for sedentary fishing (float Tubing) where insulation is the only concern. Gore-Tex® “Breathable” waders have totally revolutionized wading equipment. We have tested breathable waders from Kamchatka to Tierra del Fuego, and they work...and work well! You will experience little or no moisture build-up inside the waders, even after a long hike; they wear like iron, and are comfortable to be in all day. Lastly, Gore-Tex® “Breathable” waders take up a fraction of the space neoprene waders take-up when packed in your duffel bag. All waders should be worn with synthetic fiber underwear for maximum comfort, minimum moisture retention, and warmth. **For safety we strongly recommend wearing a wading belt at all times.**

The Fly Shop RECOMMENDATIONS:

- Simms 5 layer Gore-Tex® Chest High Guide Model
- Patagonia® SST+ Breathable Waders

Clothing Strategy: By planning your clothing strategies around the *layering system*, you can easily adjust and adapt to changing temperatures and conditions. These insulating layers can be used in any combination, and not necessarily in the order listed. For instance, you may wish to put your rain jacket directly over your *Base Layer* on a warm, breezy day. A final thought on clothing. Experienced outdoors people agree on one thing when it comes to dressing for the outdoors – cotton does not work. Cotton garments are nice in the tropics but have no place in the mountains or wet country. When wet, cotton has **negative insulating qualities** and takes a very long time to dry. Concentrate on synthetic or wool fabrics in all your garments when packing for Kamchatka.

The Fly Shop RECOMMENDATIONS:

- 1 set midweight Patagonia Capilene or Simms “Polartec” Wading Underwear (tops and bottoms.
- 1 set fleece pants Patagonia El Capilene, Simms Power Stretch Guide Bibs or Pants
- 1 Fleece jacket Patagonia Synchronilla or Simms Wind Stopper.

The Fly Shop RECOMMENDATION:

- 1 Simms Guide Model Jacket or Raincloud Jacket, Barbour Spey Wading Jacket or Patagonia SST

Socks: Anglers should bring enough socks to alternate on a daily basis. For a week’s fishing trip, three pairs should be fine and for two weeks six pair. Do not wear the same socks every day, but alternate, leaving one pair to dry and air while wearing the other set. Wool, polypro or a combination of both are the best choices in sock material. Try on your socks with your waders and wading boots before you leave for your trip to insure that you have plenty of room to move your toes. Being unable to move your toes, and cramping of your feet in your wading boots are the biggest reasons for numb toes and cold feet. We’ve experienced great success with the disposable air-activated heating pads available at many outdoor stores. Removal from the cellophane wrapper activates them, then simply stick to outside of socks for hours of cozy warmth.

The Fly Shop RECOMMENDATIONS:

- 3 to 6 pairs of Simms Smartwool Wading Socks.

Wading Boots: Felt soled wading boots are highly recommended as they offer superior ankle support and are exceptional for hiking to and from waters. Orvis, Simms, Chota and Danner make some good models to consider. **Cleats or studs are usually not needed, and are tough on boats and rafts. . A wading staff is not a bad idea.**

The Fly Shop RECOMMENDATIONS:

- Simms Guide boot, Simms Freestone, Chota Wading Boot, Danner River Gripper

Wool or Polypropylene gloves: Fingerless gloves are great for boat rides or for those cold days. Neoprene gloves retain water and leave your hands looking like prunes. We have had the best success with synthetic or wool gloves.

The Fly Shop RECOMMENDATIONS:

- Simms Windstopper Half-finger Gloves or Glacier Windbloc Flipmitts.

Fishing Vest or Tackle Pack: For Vests we like a high quality product, in a shorty model. Choose one that has room for a rain jacket or camera in the back. The brands we like are Simms, Patagonia and Orvis. If you prefer a tackle pack, take a good look at the J.W. Outfitters, Wood River or Patagonia products.

The Fly Shop RECOMMENDATIONS:

- Simms Master Vest or JW Outfitters Deluxe TroutPack.

Small Day Pack: This can be an extremely important article to include while packing. We prefer a waterproof, top-loader daypack that can hold extra gear, clothes, flies, camera, snacks, etc. Patagonia makes a nice, 100% waterproof day pack called the Stormfront Pack.

Boat Bag: A waterproof “dry bag” is an important piece of equipment. A dry bag is extremely handy for storing extra clothes, tackle and camera equipment. **For the float trips to Kamchatka and anywhere we strongly suggest using a large dry-bag as your luggage. We recommend the Seal line Pro Pack.**

Fishing Hat: Look for a hat that is comfortable, relatively waterproof and that has a good size brim to shade your eyes and keep the moisture from fogging your glasses. A dark under brim is strongly recommended. A “stocking cap” or cold weather hat with ear flaps can be nice when the weather turns cold.

Line clippers, pliers, hemostats, & hook file: These are essential to any fisherman.

Camera & Film: Waterproof or splash-proof 35mm pocket cameras are handy. SLR cameras with a good zoom lens (28 - 80) are the best. Choose high speed film, Kodak or Fuji in ASA 200 or 400. If you are going to take your 35mm SLR camera, make sure you have a waterproof case for it. We recommend the Frost-Pak insulated waterproof bags or a river “dry bag” as they pack nearly flat. The best waterproof cases to protect expensive camera equipment are made by Pelican Products, www.pelican.com. The cases are nearly bomb proof. Don't forget your flash unit.

Flashlight: Our favorites include the Tekna-Lites or Magnalites with a lanyard. Headlamps also work well, freeing up your hands; Petzl makes one of the best headlamps on the market.

Polaroid Sun Glasses: Flyfishing in Russia Kamchatka is often a visual experience. Spotting the fish is part of the excitement and the challenge. Good quality polarized sunglasses are a must. Safety is as much a concern as seeing fish. Include a bandanna or lens cloth to wipe them off during periods of rain or fog. Brown, amber and copper are lens colors to consider.

The Fly Shop RECOMMENDATIONS:

- Action Optics by Smith Sunglasses or Hobie Eyeware

Sun Protection: When the sun shines in Kamchatka the ultra-violet rays are intense and you will burn. Sun Block in SPF 25 or better is recommended.

Camp Shoes: After a long day of fishing it's nice to get out of your waders and slip into a comfortable pair of WATERPROOF camp shoes to wear around the lodge/camp. The slip-on ankle-high duck boots (offered in the Cabella/Bean/Orvis/Schnee catalogs) are ideal. The camps are in tundra and sneakers are worthless.

STEELHEAD TACKLE

Fly Rods: (single handed) Fly Rods should be contemporary graphite, and at least 9 ft in length. Many steelhead anglers prefer 9'-6" or even 10' single handed rods for easier line control. Fly Rod Selection is very important. The very best of fly rod manufacturers build 3, 4, & 5 piece fly rods that don't appreciably sacrifice any in the way of action when compared to a 2-piece model. Whatever the brand, you should bring at least two rods and better yet three. This may seem a bit excessive, but hear us out. The first reason is, you always want a spare in case you break a rod. But even more important is that with multiple rods, you can have different lines, leader, and fly combinations ready to fish. No monkeying around with changing spools or lines, just grab the stick you want and hit the water.

SINGLE HANDED RODS:

- **Sage Rod: XP RPLXI** (8 wt) in 9', 9'-6" or 10' lengths.
- **R. L. Winston Rods: XTR** (8 wt) in 9', 9'-6" or 10' lengths.
- **G. Loomis Rods: GLX** (8 wt) in 9', 9'-6" lengths.
- **Scott Fly Rods: ARC Big River** (8 wt) in 9', 9'-6" lengths

Fly Reels: (single handed) A lot of these fish are large, occasionally huge, and good size on the average. A high quality, single action (direct drive) fly reel with rim-control feature is very important. The reel should be equipped with a smooth reliable drag system. Reels should be filled with a minimum of 100 yards of fresh 20 pound high-visibility backing. Reel models to consider might include:

SINGLE HANDED REELS:

- **Abel Super 8**
- **Billy Pate "Salmon" or "Bonefish",**
- **Loomis Adventure 7**
- **Tibor "Everglades"**
- **Galvin OB-6.**
- **WaterWorks ULA 3X or #.4**
- **Ross Gunnison G-3, G-4, Ross Canyon-4**

Fly Lines: (Single-handed Rods) Fly line selection is critical in Russia steelhead fishing. A floating line is a must, preferably a weight-forward, Scientific Angler. Windmaster or Steelhead Taper. Traditional sink-tip fly lines also have a place on the Sustut, make sure they are a type III or IV sink rate. We also feel that anglers should bring a full selection of shooting heads in sink rates (1 - 6), including some leadcore. If you prefer casting a full fly line instead of a shooting head, we suggest bringing three: either Teeny Nymph, Cortland Quick Descent, or Rio Density Compensated Lines in 200, 300 and even 400 grain weights. If you brought five fly lines, you would be able to effectively fish all the water encountered on the Sustut. (Weight-forward Floater • Type III or IV sink-tip • and a 200, 300 & 400 grain sinking fly line.

Fly Rods: (Double-handed rods) 2-handed rods are very popular in Russia & are excellent tools for covering steelhead water with streamers. When considering a double handed rod, one must take into account the size of the water you're fishing, the weight and size of the fly you're casting, & type of fly line you're casting. Taking this into account we suggest one of the following:

DOUBLE HANDED RODS:

Sage *Traditional Style* 9140-4 (9/10 weight) 14' - 4 piece
Sage *European Style* 9141-4 (9/10 weight) 14' - 4 piece
Sage *Traditional Style* 9150-4 (9/10 weight) 15' - 4 piece
Sage *European Style* 10151-4 (10/11 weight) 15' 1"- 4 piece
Loomis GLX 1388/9-3 (8/9 weight) 14' 3 piece
Loomis GL3 1689/10-3 (9/10 weight) 11' - 6" 3 piece
Scott ARC 1510/4 (10 weight) 15' - 4 piece
St. Croix IMP 14010 (9/10 weight) 14' - 3 piece
St. Croix IMP 15011 (10/11 weight) 15' - 3 piece

Fly Lines: (Double-handed Rods) Different density sinking tips (15') should also be included with your spey line selection, especially a Type III and VI. You should plan on bringing some 24' heads in 200 and 300 grain weights as well. Another fine NEW Spey line with Multi Density tips is the Delta Spey by Airflo.

Leaders & Tippet: Steelhead in Russia are not leader shy. For sinking line fishing your leaders should be short in the 3' to 6' length. Leaders should be (OX) or (1X). For tippet you should bring fresh spools of (8 lb.), (10 lb.), (12 lb.), (15 lb.) & (20 lb.). We like tippet material made by Umpqua, Rio, **Maxima**, and Orvis (Super Strong).

Note: If you have not tried the new fluorocarbon leader and tippet material, you should. The material is virtually invisible in the water, has great abrasion resistance, and sinks faster in the water. Although it costs more than standard tippet and leader material, we at The Fly Shop, are convinced that you catch more fish using it. Umpqua's Deceiver Leader Tippet, Rio Fluorocarbon and Seaguar Grand MAX are some of the best available.

Wet Flies: For the most part, wet steelhead flies in Russia should be BIG. Traditionally tied flies should be on hook sizes from 2 - 4/0. String leeches should be full and long, up to five inches in length. Flies should be tied full with varyig amounts of flash in varying colors and color combination. Orange & white and Peach & White are particulary effective color combiantions. Don't be afraid to tie and throw big FULL flies for these Steelhead, they love 'em. We suggest the following patterns:

- String Leeches (black, purple, cerise) 3" - 5" long
- Bjorn's Evening Storm Bleeding Prawn 1/0
- General Practitioner (orange, purple) size 2
- Starlite Leech, size 2
- Deep Wog, size 2
- Bjorn's Al-Can Express Bleeding Prawn 1/0
- Psycho Leech 2
- Popsicle, size 1/0 - 3/0
- Orange Comet Bunny, size 2
- Articulated Leech, size 2
- Conehead Volcano, size 1/0
- Fuschia Hareball Leech 1/0
- Bjorn's Super Prawn 1/0
- Blue Moon 1/0

KAMCHATKA TRAVEL CHECKLIST

- Airline Tickets & Itinerary
- Russian Visitors Visa
- Valid Passport
- Copy of Passport & Visa (packed separately)
- Wallet
- Cash (new bills) & credit cards
- Fly Rods
- Fly Reels
- Extra Spools
- Fly Lines
- Leaders
- Tippet
- Fly boxes
- Dry Flies
- Streamers
- Floatant
- Clippers, Pliers, Scissors
- Fishing Vest/Tackle Pack
- Day Pack, Tackle Bag
- Reel Lubricant
- Hook File or Stone
- Knot Tool
- Hemostats
- Split Shot
- Polarized Sunglasses
- Extra pair of Sunglasses
- Reading Glasses
- Waders
- Wading Belt
- Wading Boots & gravel guards
- Insect Repellent
- Toilet Articles
- Personal Towel
- Prescription Medications
- Antihistamine (Benadryl)
- Aspirin
- Notebook
- Playing Cards
- Plastic Garbage Bags
- Tape measure
- Head Net
- Ear Plugs (for helicopter rides)
- Waterproof Dry Bag
- Waterproof Bag for Laundry
- Rain Jacket
- Light Socks
- Heavy Socks
- Zip-lock Oven Bags
- Travel Flashlight
- Emergency Telephone Numbers
- Destination Addresses
- Maps
- Pocket Knife
- Bandanna
- Pants
- Belt
- Shirts
- Undershirts, Undershorts
- Under-wader wear
- Light pile or fleece pants/overalls
- Fishing Hat or stocking cap
- Fleece or pile jacket/pullover
- Long-sleeved Shirts
- Short-sleeved Shirts (before September 1st)
- Fishing Gloves
- Pen and Pencil
- Reading Book
- Addresses & phone numbers
- Camera, Film, Lens Paper
- Batteries
- Sun Screen, SPF 25+
- Lip Balm & hand lotion
- English/Russian Dictionary
- Flask
- Travel Alarm
- Sleeping Bag(Medium-Heavy Weight)

OTHER ITEMS TO REMEMBER



4140 Churn Creek Road
Redding, California 96002
BUS. 530-222-3555 • FAX 530-222-3572
Toll-free 800-669-3474 • E-mail: travel@theflyshop.com



The Natural Capital Center
721 NW Ninth Avenue, Suite 290
Portland, Oregon 97209
(503) 222-1804 Fax (503) 222-1805

KAMCHATKA STEELHEAD PROJECT TAX EXEMPT STATUS

The Wild Salmon Center is a not-for-profit, tax-exempt charity under section 501 {c} {3} of the IRS tax code. The Wild Salmon Center is listed in IRS publication 778 as an approved charity.

Based on a legal opinion WSC has received, it believes that sponsorship expenses are a tax-deductible charitable donation. Generally, sponsorship of Kamchatka Steelhead Project expeditions qualifies as a tax-deductible charitable donation. Expenses associated with participation are airfare, visa fees, evacuation insurance, staff tips, and local per diem. Each sponsor should, of course, check with his or her own tax counsel. The Wild Salmon Center will provide a copy of the legal opinion upon request.

MATCHING GIFTS

As an approved tax exempt 501 {c} {3} organization, donations to the Wild Salmon Center generally qualify for matching gifts under most corporate matching gift programs. The sponsor makes a contribution under the terms of his employer's matching gift program (usually half of the total of sponsorship and related expenses-airfare, staff tips, visa fees, etc.) to the Wild Salmon Center and provides the Wild Salmon Center with the employer's matching gift paperwork. The Wild Salmon Center then completes that paperwork and receives the matching gift from the employer.

STOCK GIFTS

Sponsors may donate stock in lieu of cash to the Wild Salmon Center for sponsorship/related expenses. The sponsor simply donates the stock to the WSC brokerage account. This mechanism permits the sponsor to transfer rather than sell stock, thus avoiding capital gains tax while taking the full retail value of the donated stock as a tax deductible charitable gift. For stocks with appreciated value, this option provides significant tax advantages.

COMMON RUSSIAN PHRASES:

Very few Americans know the Russian language. It is always a pleasant surprise for the Russian staff when an American guest knows even the most basic words or phrases. These are all done phonetically without regard to spelling.

Hello ---- pri-vyet

Nice to meet you ---- o-chin' pri-yaht-na

Thank You --- spa-sea-ba

You are welcome ---- pa-zhah-lus-ta

Yes ---- dah

No ---- nyet

Good Bye ---- da-svi-dah-ni-ya

Good Morning ---- dobe-ray oot-ra

Good Night ---- spa-cone-nay no-chay

To your health (toast) ---- nah-stroh-vi-yah

Water ---- va dah

Drink ---- pete

Eat ---- yest

River ---- ri-kah

Fish ---- ri-bah

Catch a fish ---- pie-mahl ri-bah

Rainbow Trout ---- Ma-ki-zha

Steelhead ---- so-m-ga

Silver Salmon ---- key-zhutch

King Salmon ---- chah-vee-chah

Chum Salmon ---- ke-ta

Pink Salmon ---- gar-bu-shah

Dolly Varden ---- gi-letz

Rain ---- dosht

Helicopter ---- ver-ta-lote

Tent ---- pa-laht-ka

Firewood ---- drah-vah

Bear ---- med-ved

Boat ---- lote-ka

CATCH & RELEASE TECHNIQUES

GOOD TECHNIQUES HELP REDUCE FISH MORTALITY

MERELY RELEASING a fish which you have caught and landed does not ensure it will survive. To reduce fish mortality, anglers must handle fish carefully and quickly with approved techniques. Always fish using a barbless fly. This not only makes it easier to release the fish but is a safety precaution for both you and the guide. Use steel hooks so that if the leader must be cut to prevent additional trauma and the hook is left in the fish, it will corrode more quickly than nickel or stainless steel hooks. Whenever possible, we like to have the guides assist you in releasing fish. If one is not available to help you release a fish, please follow these guidelines:

Land the fish as quickly and efficiently as possible; the longer the playing-time, the greater the stress on the fish.

If you can, it is best to remove the hook without handling the fish. However, it is often necessary to hold a fish during the hook removal process. Hemostats, or the new "Ketchum Release," should be used to remove the hook.

When holding a fish, cradle it gently and horizontally in two hands (size of fish permitting). Turning the fish upside down can often disorient the fish and keep them calm long enough to remove a hook.

Keep hands and fingers away from the gills; do not put fingers over the eyes. Do not squeeze the fish in the throat or stomach regions; vital organs can be easily injured.

To photograph the fish, have someone ready with the camera and do it quickly, but **KEEP THE FISH IN THE WATER!**

Never throw a fish back. Grasp it gently and return it carefully into quiet waters deep enough to support it. Revive the fish by pointing its head into the current until it recovers enough to swim out of your hands. (Seeing a fish swim out of your hands might be the moment of C&R's maximum enjoyment!) Be patient, this may take more than a few minutes. If a fish needs to be revived and the gill plates are not moving, gently hold the fish under water by the tail with one hand and support the underbelly with the other. Face the fish into the current and gently move the fish back and forth. Generally, a few minutes of facing the fish into the current will be enough assistance so that it can swim off on its own.



Greetings from Travel Meetings & Incentives!

We are your preferred travel providers for the 2003 Kamchatka Steelhead Expedition. Over the past nine years, TM&I has been working in partnership with the Wild Salmon Center to ensure that your air travel, visa processing, and travel insurance are in perfect order for this exciting adventure.

This informational packet contains all of the necessary travel forms that you will need as part of your registration for the trip. As you complete your forms and read through the enclosed materials, please use the checklist below as a guide:

- o Complete your Russian Tourist Visa "Questionnaire" -- You may leave the following lines blank: Purpose of trip, Department or organizations to be visited, Destinations (cities), Date of entry, and Date of departure. Be sure to sign and date the form
- o For those under 46 years of age, please complete the "Supplement to the Questionnaire - Form 95."
- o Obtain and include a clear photocopy of the signature page from your current passport.
- o Obtain and include 4 current passport photos.
- o Complete the Emergency Contact Information and Wilderness Travel Health Questionnaire.
- o **Review and select your package from the enclosed price list. Then complete the lower half of the registration form and include with your payment. Checks should be made payable to TM&I, Inc. Please send all information directly to TMI Travel.**

Please note: A check is the preferred form of payment, as many Russian entities do not accept credit cards. For your convenience, you may pay for your package with a credit card, but a 4% service charge will be added to your total.

After we have received your registration packet, you will receive confirmation from our office. Your visa, airline ticket, and other travel documents will be sent out UPS to the mailing address you provide.

If you have any questions, please call Sabrina Ford at (800) 596-2297 or (425) 787-6388 or email: reservations@travelmeet.com. We are available Monday through Friday from 8:30am until 5:30pm PT.

We look forward to assisting you with your fishing trip.

Extend Your Stay Beyond The Angling Experience... Explore even more of the Far East with optional, 3 and 4 night "week-end" tours of Moscow or St. Petersburg. Or, you may wish to end your journey with an extended 11-night tour via the historic Trans-Siberian Railway. Cruise the waterways of Russia and experience the wonders of the mighty Volga River. Or, discover the Hidden Treasures of nearby China and Mongolia. The possibilities are endless and these exciting tours are a wonderful complement to your wilderness travel experience. Please allow us to customize your fabulous, optional extension tours to Moscow, St. Petersburg, or China. Please call (800) 596-2297 or email reservations@travelmeet.com for pricing and itinerary information.



2003 Air Schedule for Kamchatka Steelhead Project

Round trip air transportation between Anchorage (ANC) and Petropavlovsk (PKC) is being provided by Magadan Air. The following air schedule is subject to change. You will be notified in advance of any schedule changes.

Magadan Air Summer Schedule: Effective

Flight #	Depart from Anchorage	Friday	6:40am
	Arrive in Petropavlovsk	Saturday	8:30am

Flight #	Depart from Petropavlovsk	Friday	10:00pm
	Arrive in Anchorage	Friday	5:25 am

Actual flight time is 4 1/2 hours. The date and time changes are due to crossing the international dateline.
Baggage information:

Magadan Airlines: Magadan Airline's free luggage allowance is 2 pieces totaling 80 lbs. and 1 carry on up to 17 lbs. Fishing rods are accepted on a carry on basis if space is available and is not counted as part of your 17 lb. carry on limit.

More than 3 pieces of luggage are only accepted on a space available basis. Additional pieces up to 40 lbs. each are charged \$134.00 US.

Seat assignments: Seat assignments on Magadan Airlines cannot be arranged in advance. All seating is on a first come, first served basis.

Helicopters: There are no additional weight or size restrictions for interior Russia travel.

Domestic travel: If you are planning your own domestic travel to and from Anchorage, you are responsible for any weight or size limitations on the airline you choose. Please check with your domestic carrier at time of reservation. If you choose to purchase your domestic reservations through Travel Meetings & Incentives, Inc., we will advise the baggage limitations at time of purchase.



TRAVEL, MEETINGS & INCENTIVES, INC.

Emergency Contact Information and Wilderness Travel Health Questionnaire

Your name as it appears on your passport: _____

Travel Dates: Departing U.S. on _____ Returning U.S. on _____

Home Address: _____
(Physical address only, no Post Office Boxes please)

Home Phone: _____ Business Phone: _____ Fax: _____

E-mail address: _____ Date of Birth: _____ Birthplace: _____

Passport Number: _____ (INCLUDE PHOTOCOPY OF PASSPORT
State Passport issued in: _____ WITH THIS FORM)

Social Security Number: _____

IN CASE OF EMERGENCY, CONTACT: _____

Relationship to traveler: _____

Phone Numbers: Day _____ Evening _____

Insurance Beneficiary, name: _____

Relationship to traveler: _____

Wilderness Travel Health Questionnaire

Please provide the following information as accurately and completely as possible. Feel free to use the back of this document if necessary. All information will be used confidentially to promote your safety during your trip.

Age: _____ Height: _____ Weight: _____

Medical Data (Circle one)

What is the overall condition of your health? Poor Fair Good Excellent



TRAVEL, MEETINGS & INCENTIVES, INC.

Emergency Contact Information and Wilderness Travel Health Questionnaire

Your name as it appears on your passport: _____

Travel Dates: Departing U.S. on _____ Returning U.S. on _____

Home Address: _____
(Physical address only, no Post Office Boxes please)

Home Phone: _____ Business Phone: _____ Fax: _____

E-mail address: _____ Date of Birth: _____ Birthplace: _____

Passport Number: _____ (INCLUDE PHOTOCOPY OF PASSPORT
State Passport issued in: _____ WITH THIS FORM)

Social Security Number: _____

IN CASE OF EMERGENCY, CONTACT: _____

Relationship to traveler: _____

Phone Numbers: Day _____ Evening _____

Insurance Beneficiary, name: _____

Relationship to traveler: _____

Wilderness Travel Health Questionnaire

Please provide the following information as accurately and completely as possible. Feel free to use the back of this document if necessary. All information will be used confidentially to promote your safety during your trip.

Age: _____ Height: _____ Weight: _____

Medical Data (Circle one)

What is the overall condition of your health? Poor Fair Good Excellent



Do you have or have you had in the past any problems or concerns in these areas?

Allergies (drug, pollen, food, etc. please be specific) NO - YES _____
 Allergies (insect bites - please be specific) NO - YES _____
 Diabetes NO - YES _____
 Epilepsy, Seizures or Convulsions NO - YES _____
 Heart problems NO - YES _____
 Kidney problems NO - YES _____

Have you had any injuries or problems with joints (please specify side of body and explain)?

Shoulder	NO - YES _____	Back/spine	NO - YES _____
Hip	NO - YES _____	Elbow	NO - YES _____
Wrist	NO - YES _____	Fingers/toes	NO - YES _____
Ankle	NO - YES _____	Other	NO - YES _____

Have you ever had (please explain any problems)

Mountain sickness NO - YES _____
 Cerebral edema NO - YES _____
 Pulmonary edema NO - YES _____
 Heatstroke NO - YES _____
 Sun/snow blindness NO - YES _____
 Frostbite NO - YES _____
 Hypothermia/exposure NO - YES _____
 Immersion foot NO - YES _____
 Excessive nosebleeds NO - YES _____
 Asthma NO - YES _____
 Ulcers NO - YES _____
 Bowel problems NO - YES _____
 Broken bones NO - YES _____

List any medical problems, illnesses, injuries or chronic conditions that you have presently or have had in the last three (3) years -

List any medications that you are currently taking (including the dosing) -